

## **MULTI MINI INTERVIEWS (MMI's)**

An increasing number of medical and dental schools in the UK, including the University of Lancashire and Buckingham, have moved from a traditional applicant interview to a format called MMI's (Multi Mini Interviews). Instead of one long interview, MMI's consist of a series of short, structured interviews or stations. Each station assesses different qualities such as ability to communicate well, empathy, ethical decision-making, motivation, logical reasoning and so on. Typically students are at each station for about ten minutes. They are given a question or scenario and given a minute or two to prepare themselves. They then talk with the interviewer for about six to eight minutes and then move on to the next station.

Usually, MMI's do not assess academic knowledge. The focus is on assessing your potential and suitability for the medical or dental profession. MMI's will vary from one university to another, but essentially the structure is similar for all medical schools. Some are conducted online, and others in person.

There are a number of excellent websites which you can refer to. These include the Medic Portal: <https://www.themedicportal.com/> and Medic Mind: <https://www.medicmind.co.uk/>.

At the practice sessions, you will have an opportunity to experience what MMI's will be like and will be given feedback after each station.

You cannot possibly prepare yourself for all possible questions or scenarios which you might encounter. It would be wrong to do so anyway as prepared answers never sound as good as ones where the interviewer can see that you are thinking on your feet. But practicing some of them will help you to prepare your answering strategies and build your confidence before the real interview takes place.